

"Festive Family Thanksgiving Cookbook"

Recipe

Cranapple-Cinnamon Hot Cider

Serves 10 1-cup servings ● Preparation time 3 minutes

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| 1 quart apple juice or cider | Crock-pot preferable (can use large pasta pot or stock pot on stove top) |
| 1 quart cranberry juice | |
| 3 cinnamon sticks | |

Combine apple and cranberry juices. Add cinnamon sticks. Bring to boil. Reduce heat and simmer. Serve hot.

Nutrition Facts Per Serving: 104 Calories, 5 mg. Sodium, not a significant source of Fat, Saturated Fat, or Cholesterol.

